

## MARIA PSARRAKI

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[www.processworkgreece.gr](http://www.processworkgreece.gr)

Personal statement Maria is an educator, an adult trainer and a certified Process Worker. As a teacher she has worked with children of all ages and adults, on their emotional and psychosocial support and learning. As a Process Worker she works with children and adults, relationships, families and groups. Her learning and research focuses on lgbtqi+ resilience & wellbeing, gender expression & exploration, discrimination & exclusion, racism and anti-semitism, loss & grief.

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### STUDIES

2016-2022 Processwork Hub, Greece  
**Diploma in Process Oriented Psychology**  
Psychotherapy, counselling, relationship & conflict resolution, group work

2009-2013 National and Kapodistrian University of Athens  
School of Philosophy  
**Master of Arts in Teaching**

2006-2008 University of Westminster, London  
**Master of Arts in Bilingual Translation**

2001-2005 Aristotle University of Thessaloniki  
**Bachelor of Arts in Philosophy**

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### WORK EXPERIENCE IN PSYCHOTHERAPY & COUNSELLING

2019-present Private practice  
Emotional and psychosocial support work with adults, relationships, families and groups; relationship work, conflict resolution, lgbtqi+ resilience & wellbeing, gender expression & exploration, discrimination & exclusion, racism, anti-semitism, loss, grief, body symptoms, dreams

2023-present Trainee school counsellor at St Catherine's School,  
early years and secondary education

2023 Elea Refugee Camp, Women's Space  
Psychosocial and emotional support & group facilitation of womens' groups, Solidarity Now

### WORK EXPERIENCE IN EDUCATION

2014-present Teacher at St Catherines School, International Award (Duke of Edinburgh Award Leader and Assessor)

2010-2014            General Secretariat for Lifelong Learning  
Therapy Center for Dependent Individuals (ΚΕΘΕΑ «Εν Δράσει»)  
NGO “Metadrasi”  
Labour Institute of the Greek General Confederation of Greece (ΙΝΕ ΓΣΕΕ)  
Greek Ministry of Education and General Secretariat for Adult Education

### **WORK EXPERIENCE IN TRANSLATION & EDITING**

2007-2015            Worked for several translation & editing companies  
(nationally & internationally)

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### **LANGUAGES**

**English**            fluent speaker  
**French**             advanced speaker  
**Spanish**            independent user

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### **SEMINARS & TRAINING**

2018-present        Group and individual supervision for mental health professionals,  
Processwork Hub

2023                  Fire Safety and First Aid training support

2022-2023          Forest School Education, Inside Out Nature

2020                  Sitting in the Fire: Restorative Circles, Racial Justice Collaborative  
Sitting in the Fire II: Restorative Circles, Racial Justice Collaborative

2019                  Teaching the Holocaust, Yad Vashem

2017                  Worldwork Conference: Deep Democracy in a changing world of divides  
Shifting consciousness in politics, economy, ecology and relationships  
Preventing Bullying, Educare  
Equality & Diversity in Education, Educare  
First Aid Essentials in Education, Educare  
Child Protection in Education, Educare  
General Data Protection in Education, Educare

2015                  Teacher’s Empowerment Programme, Processwork Hub

2011-2013          Teachers training in teaching multicultural and minority groups

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### **Memberships**

Processwork Greece ([www.processworkgreece.gr](http://www.processworkgreece.gr))  
International Association of Process Oriented Psychology ([www.iapop.com](http://www.iapop.com))

Adult Trainers Archive ([www.eoppep.gr](http://www.eoppep.gr))

International Award, Duke of Edinburgh ([www.intaward.org](http://www.intaward.org))

**Work with the body**

Movement & body work, butoh, karate, balley, contact improvisation, rock climbing, hiking & mountaineering, yoga

**Computing skills**

Confident user of operating systems