



Alexandra - Ariadni Vassiliou, Ph.D.

DATE OF BIRTH:
09/06/1963

CONTACT

Nationality: Greek

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www.processworkhub.gr

www.teachersempowered.gr

www.leadersempowered.gr

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WORK EXPERIENCE

2016 - CURRENT

Supervision for professionals in Humanitarian Organizations

Team building, training, team supervision and case supervision for professionals working in humanitarian organizations, with refugees, asylum seekers and migrants.

Indictive list of organizations

- 'Diotima' – Center for Women's Studies / NGO working with women (www.diotima.org.gr)
- Médecins Sans Frontières (MSF) (www.msf.org)
- Secours Islamique France (www.secours-islamique.org)
- SolidarityNow (www.solidaritynow.org)
- Greek Council for Refugees (www.gcr.gr)
- Goodwill Caravan (www.goodwillcaravan.com)

1996 - CURRENT

Psychotherapist and Supervisor

Self employed.

- Offering counseling and psychotherapy for individuals, couples and families, working on relationship issues, body symptoms and addictions.
- Supervisor for therapists, psychiatrists, psychologists and social workers offering counseling and therapeutic services

2005 - CURRENT

Trainer and supervisor for professionals on LGBTQI issues

- Design and implementation of trainings for mental health professionals and school teachers on LGBTQI+ issues.
- Supervisor of the team of psychologists working in the LGBTQI telephone helpline. Dipla Sou (11528.gr/)
- Trainer - Annual Training Program for Mental Health Professionals, Orlando Igbt+ (orlandolgbt.gr)

1992 - CURRENT

Worldwork Trainer

Member of the teaching staff in the "Worldwork and Conflict Resolution Seminars" organized by the Global Process Institute, Portland, Oregon, USA and the International Association for Process-oriented Psychology. These seminars take place in different countries of the world (USA 1991, 1993, 1996, 1999, 2004, 2011), Slovakia 1994, Switzerland 1992, India 1997, Greece 2002, Australia 2005, United Kingdom 2008, Poland 2014, Greece 2017). The purpose of the Worldwork seminars is the theoretical and experiential learning of Group Process and Conflict Resolution work, from the perspective of Process Work (Process Oriented Psychology). The focus is on inner work, relationship work, community building, and leadership skills. Issues addressed include racism, sexism, ethnocentrism, communication, abuse, rank and revenge issues, trust, despair and hope.

www.worldwork.org, www.iapop.com

1995 - CURRENT

Communication and Conflict Resolution Trainer and Facilitator

Self-employed in collaboration with University programs, European Union programs, public and private organizations, NGOs.

Group facilitation, teamwork supervision, training in communication and conflict resolution, designing training material.

Indicative list of organizations:

- Athenian Institute of Anthropos (www.akma.gr)
- Ministry of Education, training for school teachers in public schools (elementary and high school)
- 'Arsis' / NGO working with at risk youth (www.arsis.gr)
- 'Diotima' – Center for Women's Studies / NGO working with women (www.diotima.org.gr)
- Médecins Sans Frontières (MSF) (www.msf.org)
- Secours Islamique France (www.secours-islamique.org)
- SolidarityNow (<https://www.solidaritynow.org/en/>)
- Center for Equality (www.kethi.gr)
- Center for Therapy of Addictions KEΘEA(www.kethea.gr)
- OKANA (www.okana.gr)
- Graduate Program in Clinical Psychology- University of Athens
- Graduate Program on 'Pain' of the School of Medicine - Ioannina, Greece

2010 – CURRENT

Community Project Organizer and Facilitator

"Genuine Reactions: a dialogue on homophobia and transphobia"

The Processwork Hub, in collaboration with Vera Lardi created a performance/dialogue based on true stories of lesbians, gays, bisexuals and trans people, as well as parents and educators. The goal was to ponder issues around the lgbt+ experience, using theater and dialogue. To discuss together about how homophobia and transphobia marginalize people, and create pain regardless of gender identity or sexual orientation.

processworkhub.gr/en/genuine-reactions

Athens Epidaurus Festival 2019 - "A New Era (?)"

A New Era (?) connected theater with social intervention. Narrators, actors and the audience were led into parallel discussions about the topic in question and collectively shaped an experiential performance based on real-life narratives, gradually leading audiences into being emotionally and verbally responsive through an open debate. Hearing the voice of the spectator in all its diversity and multiple experiences was the main goal of this project.

Specializing in community theater, actress, theater researcher and psychodramatist Vera Lardi, together with social psychologist Alexandra Vassiliou, with a long experience in issues of social marginalization of LGBTQI+ people, and theater researcher and actress Margarita Kastrinou, created a performance about the personal experience of exclusion, regardless of gender and sexual orientation. (www.greekfestival.gr)

"GRefugees"

Alexandra Vassiliou and Vera Lardi collaborate in an ongoing project addressing the refugee crisis in Greece. This project involves activities on the islands receiving the refugees, as well as in the communities on the islands and the mainland that are hosting them. Activities are focused around research (interviews), workshops for educators, community workers and NGO field workers in refugee camps, workshops connecting refugee mothers and teachers of the schools that their children attend, as well as various interventions in the hosting communities.

"Deep Democracy Open Forums"

Deep Democracy Open Forums are facilitated discussion forums for issues that concern everyone to be publicly discussed. They aim at forwarding public dialogue and addressing issues of public concern that create polarisation, such as socio-economic issues, issues of race, religion, immigration, gender, sexual orientation, fear or hatred of other (xenophobia, islamophobia, homophobia, anti-semitism), ethnic and national tensions, discrimination, relations between institutions and communities, etc., and at building community by bringing together a diversity of people and points of view.

processworkhub.gr/en/open-forums

1998 - CURRENT

Trainer for Primary and Secondary School Teachers

Self-employed in collaboration with University programs, European Union programs, public and private schools.

- Education of the Muslim Minority Children in Thrace (www.museduc.gr/en/) [1998-2007]
- Education of Immigrant and Repatriated Students (www.diapolis.ath.gr) [2010-2013]
- Psychico College Junior High School (www.haef.gr/en/) [2007-2013]
- Grundkraft Programs (Teachers Empowered, Leaders Empowered) trainer and daciitator (www.grundkraft.net)
- Public schools in Athens, Greece
- Teach4Integration program (www.teach4integration.gr)

1996 - CURRENT

Trainer for Mental Health Professionals

Trainer for professionals (psychiatrists, psychologists, social workers, community workers, youth workers) in process work, symptoms work, dreams work, conflict resolution, community work.

Indicative organizations and training centers:

- Athenian Institute of Anthropos, Athens, Greece (www.akma.gr)
- Process-oriented Institute Slovakia, Bratislava, Slovakia (www.processwork.sk)
- Grundkraft (www.grundkraft.net/en/) – Trainer, Human Resources Development
- Processwork Hub, Athens, Greece (www.processworkhub.gr)
- Trabajo de Procesos, Barcelona, Spain (www.trabajodeprocesos.net)
- Institut für Prozessarbeit, Zurich, Switzelrand (www.institut-prozessarbeit.ch)

EDUCATION AND TRAINING

1990 - 1996 - Portland, OR, United States

Diploma in Processwork

Process Work Institute (former Process Work Center of Portland)

psychotherapy, counseling, conflict resolution facilitation, group work

1992 - 1995 - Cincinnati, OH, United States

Ph.D. in Social Psychology

The Union Institute

Dissertation: 'Listen or Die: The Terrorist As a Role'

1982 - 1990 - Athens, Greece

M.Sc. In Agricultural Engineering

Agricultural University of Athens

specialization in Agricultural Economics

LANGUAGE SKILLS

MOTHER TONGUE(S): Greek

OTHER LANGUAGE(S):

English

Listening
C2

Reading
C2

**Spoken
production**
C2

**Spoken
interaction**
C2

Writing
C2

PUBLICATIONS

● Συμπερίληψη & Ανθεκτικότητα [Inclusion & Resilience]

2020

Chapter in the collective volume "Inclusion & Resilience: Basic Principles of Psychosocial Support on issues of sexual orientation, identity, gender expression and gender characteristics". Editors: Nancy Papathanasiou, Ph.D., Elena-Olga Christidi, Ph.D.(c)]. Gutenberg, Athens, Greece, 2020.

● Διαχείριση Συγκρούσεων στο Χώρο Εργασίας [Conflict Resolution in the Workplace]

2013

"Διαχείριση Συγκρούσεων στο Χώρο Εργασίας" [Conflict Resolution in the Workplace] (trainers manual and trainees manual), Labor Institute of GSEE (General Workers Confederation of Greece), Athens, 2013 [Greek]

● Δυναμική της Ομάδας και Επικοινωνία [Group Dynamics and Communication"] (training manual)

2015

Co-authors: Nopi Kechaoglou and Alexandra Vassiliou. Labor Institute of GSEE (General Workers Confederation of Greece), Athens, 2015 [Greek]

● Επιμορφώσεις σε Θέματα Επικοινωνίας και Διεργασίας Ομάδας [Training in Communication and Conflict Resolution]

2008

"Επιμορφώσεις σε Θέματα Επικοινωνίας και Διεργασίας Ομάδας" ["Training in Communication and Conflict Resoltuon"], in "Πρόσθεση, όχι Αφαίρεση. Πολλαπλασιασμός, όχι Διαιρέση: η μεταρρυθμιστική παρέμβαση στην εκπαίδευση της μειονότητας της Θράκης" ["*Addition, not subtraction, multiplication, not division: the reform intervention in the education of the minority in Thrace*"]. (Eds. Thalia Dragona and Anna Fragoudaki). Co-authors of chapter: Anna Lambidi, Lena Aslanidou, Dimitra Kotorou. Metaixmio, Athens, Greece, 2008.

● Ενδυνάμωση Εκπαιδευτικών [Teachers Empowered]

2010

"Teachers Empowered", Grundkraft program trainees' manual Greek edition, scientific editing.

● Ενδυνάμωση Ηγεσίας [Leaders Empowered]

2020

"Leaders Empowered", Grundkraft program trainees' manual Greek edition, scientific editing.

● Η συμβολή των ψυχοθεραπειών μέσω τέχνης στην ψυχιατρική θεραπευτική [The contribution of psychotherapy through art to psychiatric therapy]

2019

Chapter in the collective volume Η συμβολή των ψυχοθεραπειών μέσω τέχνης στην ψυχιατρική θεραπευτική [The contribution of psychotherapy through art to psychiatric therapy}, Athens University, 2019. Co-authors: Lena Aslanidou, Vera Lardi.

NETWORKS AND MEMBERSHIPS

Memberships

- Greek Association for Psychotherapy (www.nopg.gr) (2008 – present)
- European Association for Psychotherapy (www.europsyche.org) (2008 – present)
- International Association of Process Oriented Psychology (2008 – present) (www.iapop.org)
- Orlando lgbt+ (2018 - present) (www.orlandolgbt.gr)

CONFERENCES AND SEMINARS

Conferences

- October 2016 (Athens) - 9th European Family Therapy Association (EFTA) Conference. Workshop presentation: "Love makes a Family – addressing issues concerning lgbt families in therapy."
- November 2012 (Athens) - 7th Conference of the Greek Association for Psychotherapy, '{Personal and Collective Fear in Times of Crisis". Workshop presentation, "*Fear as an ally in personal empowerment and social solidarity*".
- February 2011 (Portland, Oregon, USA) - 2nd IAPOP International Conference, 'Community and Global Health'. Panel presentation on 'Conflict Resolution Training for Health Care Professionals'.
- March 2009 (Athens) - Greek Counseling Association Conference. Workshop 'Dreams As Guides'
- May 2007 (Athens)- 1st Congress of Playtherapy and Dramatherapy. Panel presentation 'Symptoms: The Body's Dreams'
- April 2007 (London, UK) - 1st IAPOP International Conference, 'Where Fields Meet'. Panel presentation on 'Walking Our Talk: Conflict Resolution in Thrace, Greece'
- November 2006 (Athens) - Greek Counseling Association Conference. Panel presentation 'Modern Addictions: Internet, Over consumption, Work'
- March 2006 (Athens) - XI Congress of the European Counseling Association. Workshop 'Working with the Dreaming Body'
- November 2004 (Athens) - Greek Counseling Association Conference. Panel presentation 'Panic Attacks: An Opportunity for Personal Growth through a Nightmare'
- October 2003 (Athens) - 7th Congress of the Greek Psycho-social Oncology Association. Workshop 'Symptoms as Allies'
- March 2003 (Heidelberg, Germany) - European Chiropractors' Union Convention. Panel presentation 'The Dreaming Behind Body Symptoms'. Workshop 'Working With the Dreaming body'
- December 2002 (Athens) - 6th Congress of the Greek Psycho-social Oncology Association. Workshop 'Using the Dreaming in Body Symptoms'
- July 1996 (Athens and Chania, Greece) - 8th World congress, International Family Therapy Association. Panel 'Processing Physical Symptoms' (with Kate Jobe, M.A. and Joe Goodbread, Ph.D.)

HONOURS AND AWARDS

Honours and awards

IAPOP Worldwork Prize 2012 (International Association for Process-oriented Psychology). Co-facilitator and member of group organizing and implementing Open Forums (public discussions) in Athens, Greece, focusing on the economic/social/political/environmental crisis (2010-2012).